

Preparing for a newborn session is an exciting process, and a little planning can go a long way in making sure it goes smoothly. Here are five tips to help you get ready:

1. Choose the Right Time

- Newborn sessions are usually best when done within the first 3 weeks after birth when babies are still very sleepy and flexible. Schedule the session early, ideally while you're still pregnant, to ensure availability.

2. Plan for Comfort

- Dress your baby in loose clothing that's easy to remove for the session, such as a simple onesie or a soft romper and just bring an extra blanket. If planning family photos bring everyone's clothing on hangers so that it stays wrinkle free during the car ride.

3. Feed Before the Session

- A well-fed baby is a sleepy, relaxed baby! Although we stop the session for feeding as needed, if the baby is content, we can start the session as soon as you come in.

4. Bring Extra Essentials

- Have extra diapers, wipes, bottles, pacifiers, and a change of clothes for the baby. It's recommended to pack the bag a day before. Don't forget your makeup bag.

5. Communicate Your Style

- If you have specific ideas or preferences (such as a particular color scheme, props, or poses), discuss these with the photographer ahead of time. They'll help incorporate your vision while guiding you with their expertise for the best results.

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